



PARENT GUIDE SERIES

Training Camp Parent Evaluation Checklist

A Practical Guide for Evaluating Training-Focused Soccer Camps

Updated June 2026

Before You Begin

This guide is designed to help parents evaluate training camp programs, not recommend one specific camp.

Every camp is different. The goal is to help you ask better questions, understand what matters, and confidently compare your options before registering.

Parent promise: use this as a calm checklist before the registration clock starts ticking.

What Is a Training Camp?

Training Camps are typically designed for players who want consistent improvement through structured coaching and repeated practice.

They are often best suited for players who:

- ☐ Want to improve technical skills
- ☐ Need more confidence with the ball
- ☐ Want more touches and repetitions
- ☐ Are preparing for a new season
- ☐ Want long-term player development

If your child's primary goal is college recruiting, an ID Camp, Showcase Camp, or Prospect Camp may be a better fit.

Parent Evaluation Scorecard

Use this first page to capture the basic facts. Missing basics are not automatic deal-breakers, but they are clues to ask follow-up questions.

Camp Name: _____

Organization: _____

Website: _____

Location: _____

Dates: _____

Cost: _____

Questions to Ask Before Registering

Use these questions while researching camps or speaking with camp staff.

Coaching

☐ Who will be coaching my child?

NOTES:

☐ What experience do the coaches have with this age group?

NOTES:

☐ What is the coach-to-player ratio?

NOTES:

Player Fit

☐ What age groups attend?

NOTES:

☐ What skill levels attend?

NOTES:

☐ Is this camp appropriate for beginners?

NOTES:

Daily Experience

☐ What does a typical day look like?

NOTES:

☐ How much instruction versus scrimmage time?

NOTES:

☐ What specific skills are emphasized?

NOTES:

Registration

☐ What is included in the registration fee?

NOTES:

☐ Are meals included?

NOTES:

☐ What equipment is required?

NOTES:

☐ What is the refund policy?

NOTES:

☐ What happens if weather affects camp?

NOTES:

What Good Training Camps Usually Include

Check the items you find.

- | | |
|--|--|
| ☐ Qualified coaching staff | ☐ Organized communication |
| ☐ Clear daily schedule | ☐ Safe training environment |
| ☐ Age-appropriate curriculum | ☐ Clearly stated expectations |
| ☐ Technical skill development | ☐ Parent contact information |
| ☐ Small group instruction | ☐ Transparent pricing |

Possible Red Flags

Slow down and ask more questions if you notice:

- | | |
|---|---|
| ☐ Very little information online | ☐ No daily schedule |
| ☐ Coaching staff not identified | ☐ No age or skill guidance |
| ☐ Unrealistic promises | ☐ No safety procedures explained |
| ☐ No refund policy | ☐ Vague camp description |
| ☐ Poor communication | |

My Overall Impression

Would I feel comfortable registering?

- ☐ Yes
☐ Maybe
☐ No

Biggest Strength

WRITE HERE

Biggest Concern

WRITE HERE

Overall Rating



Poor

Fair

Good

Very Good

Excellent

Parent Reminder

The best soccer camp is not always the biggest, most expensive, or best-known.

Choose the camp that best matches your child's age, current skill level, development stage, goals, personality, and enjoyment of the game.

Development Comes First

Development comes before recruiting.

Confidence comes before exposure.

Finding the right type of soccer camp makes choosing the right camp much easier.

Continue Your Research

Explore additional parent guides at:

SoccerIDCamp.com

- ☐ What Is a Training Camp?
- ☐ What Types of Soccer Camps Are There?
- ☐ How to Choose the Right Soccer Camp
- ☐ Soccer Camp Planning Checklist
- ☐ What Age Should My Child Start Attending Soccer Camps?

Helping parents understand soccer camps before they compare them.

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